

We Are Breathing dedicated to the “Fridays for Future”-cause

I am breathing, therefore I am!

You are breathing, therefore you are ...

We are breathing, therefore we are ... WHAT?

We are breathing humans, who – in difference to other breathing creatures – are KNOWING, that we have to inhale and to exhale without interruption in order to survive ...

Breathing names the exchange of gas between air and blood, between blood and cells and names as well the transport of gas throughout the body. Breathing by creatures who need lungs for it is done through the innerside of these lungs which diffuse the oxygen of the inhaled air via the blood to tissues and cells. Structures that are necessary for ventilation are called breathing pump ...

Our other life-supporting pump – our heart – is as well pumping no matter whether we are awake or we are asleep ... throughout our life-time ... however, I cannot change or stop the frequency of its pumping by will ...

It is different with our breathing pump ... I am able „to stop breathing“, I can be „breathless“, fright or joy can „take away my breath“, with my breathing I can „blow out a candle-light“, with my breathing I can „inflate a balloon“, with my breathing I can „make music either by whistling or by blowing into an instrument“, and – above all – it is only by breathing that I can „speak“ ...

So, what creatures are we when we are breathing in and are breathing out?

We are women, men or transgender ...

We are black, white or with any other pigmentation inbetween ...

We are a Christian, a Moslem or with any other belief or none at all ...

We are powerful, powerless or on and off some barricades ...

We are rich, poor or just making a living ...

But we ALL are human beings who should KNOW that we must inhale and exhale air that allows ALL of us to survive.